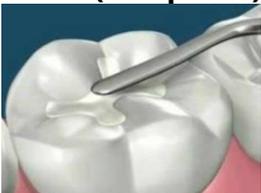


Restoration	Advantages	Disadvantages
<p>Porcelain Bonded to Metal Crown</p> 	<p>Provides strength and protection to heavily restored, broken down or root-filled teeth. Great for improving aesthetics.</p> <p>Porcelain won't stain as easily as other materials can. Long lasting- usually 5-15 years or more.</p>	<p>Can be damaging to the natural tooth as enamel needs to be shaped down. Hard material which can cause some wear of opposing tooth.</p> <p>Takes 2 appointments and is relatively costly.</p>
<p>All Ceramic Crown</p> 	<p>Good if space is minimal & for creating a natural appearance. Made from a thinner material which results in a lighter crown. Kinder to natural gum tissue. Does not conduct temperature & great for improving aesthetics.</p>	<p>Less durable than other types of crowns so more prone to cracking or breaking.</p> <p>Requires a higher degree of expertise on the part of the dentist which increases their cost.</p> <p>Takes 2 appointments.</p>
<p>Gold Crown or Inlay/Onlay</p> 	<p>Long lasting and functional- usually last around 5-20 years or more.</p> <p>Gold is a malleable, softer material meaning it causes less stress and damage to the opposing teeth than other materials do. Good for large cavities and teeth under higher stress.</p>	<p>Can be damaging to the natural tooth as enamel needs to be shaped down. Takes 2 appointments and is relatively costly. Less aesthetically pleasing. Conducts temperature.</p>
<p>White (Composite) Filling</p> 	<p>Aesthetically pleasing and is sealed/bonded to the tooth. Does not conduct temperature and can be carried out in 1 appointment.</p> <p>Relatively inexpensive and does not require a large amount of damage to the natural tooth.</p>	<p>Can wear, chip or fracture more easily than other options, reducing the life expectancy to around 5-8 years. Composite can be more susceptible to staining and is less suited to larger cavities or teeth under higher stress.</p>
<p>Metal (Amalgam) Filling</p> 	<p>Predictable and long lasting, amalgam fillings are the least expensive option available. Only 1 appointment is needed and do not need adhesive to stay in, making them last around 5-12 years or more.</p>	<p>More natural tooth needs to be cut away to achieve retention than with adhesive restorations.</p> <p>Less aesthetically pleasing and may cause grey discolouration of tooth. Contains mercury. Conducts temperature.</p>
<p>Porcelain or Composite Inlay/Onlay</p> 	<p>Aesthetically pleasing- can appear almost invisible. Stronger than composite and seals well to the tooth. Requires minimal cutting of tooth and effective for large cavities. Does not conduct temperature and lasts for around 5-15 years or more.</p>	<p>Hard material which can cause damage to opposing tooth. Can fracture. Takes 2 appointments and is more expensive than some other types of restoration.</p>